

Children Speak out...

"Rainbows helped me to learn how to forgive and forget. I learned that it's not always my fault when bad things happen in my life."

From a Grade 3
Rainbows Participant

"What I liked best about Rainbows is how we can tell each other how we feel."

From an 8 year old
Rainbow Participant

Parents Speak out...

"I recommended this program to my lawyer in Calgary who is looking into programs just like this to recommend to other families in distress. Thank you for helping my daughter."

A Rainbows Mom
Sylvan Lake, Alberta

"It is a wonderful opportunity for kids to focus on and sort out issues that may otherwise be avoided or suppressed. It is healthy for them to be validated and comforted in realizing they are among friends with similar families."

A Rainbows Mom
Sylvan Lake, Alberta

If you know a child who could benefit from Rainbows, please pass this brochure on to his or her parents.



In order to make this program available to all families, we are offering it at no cost. If however, you are able to give, Carstairs FCSS gratefully accept donations. These donations help pay for the materials needed to continue offering this valuable program in our community.

For information on other Carstairs FCSS programs & volunteer opportunities call
403.337.2633
or visit our link through the
Town of Carstairs website:
www.carstairs.ca



From hurt, through
healing, to hope.

*Death • Divorce
Separation • Grief*

*It doesn't need to hurt
forever...*

Guiding kids and families
through storms of loss.

Carstairs
AN AUTHENTIC SMALL TOWN

FCSS Family and Community
Support Services