

# Registration Form

Parent/Guardian Name: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Work/Cell: \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Child's Name: \_\_\_\_\_  
 Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Child's Name: \_\_\_\_\_  
 Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Reason For RAINBOWS Registration:

Death \_\_\_\_\_ Divorce \_\_\_\_\_ Separation \_\_\_\_\_ Other \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

How did you hear about RAINBOWS?  
 \_\_\_\_\_  
 \_\_\_\_\_

Registrations can be mailed to:

Box 370

Carstairs AB T0M 0N0

or delivered to:

**Family and Community  
 Support Services**

**Bay 2 1118 Hammond Street**

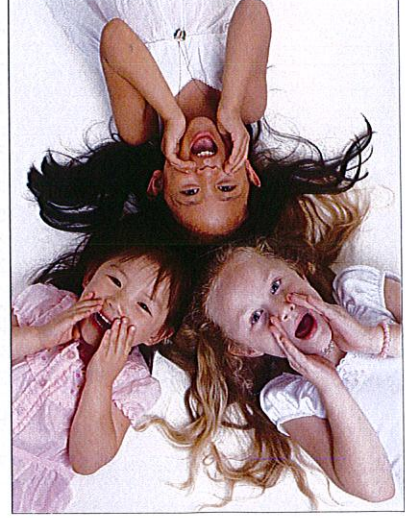
**403.337.2633**

## Curriculum

The curriculum consists of 12 meetings divided into two six-week sections. Once a week for about 60 minutes, the children meet in small groups to share an activity and discuss various topics in relation to the change in their family unit, such as Self, Trust, Anger and Family. There are 18 topics in all. At the end of the curriculum is a closing celebration that parents are encouraged to attend with their child.

## Goal

The goal of the support group is to assist the children in expressing and understanding their feelings, to accept what has happened, to experience a sense of belonging and love, and to get on with being a child! This is accomplished through peer support, adult nurturing and guidance, and a secure atmosphere in which they can share their experiences.



## Loss

*Rainbows* is a support group curriculum for children who have suffered significant loss in their lives, either through death, divorce, or other painful transitions. There are four age appropriate levels available as well as support for parents. Small groups are designed to provide these children with an opportunity to meet new friends who have shared similar experiences; to have trained, caring adults present while they sort through and understand their grief; and to help them achieve a healthy acceptance of what has happened in their family.

## Our Aim

The aim of *Rainbows* is to implant in these grieving children a belief in their own goodness and the value of their family. The curriculum teaches that each change in life is an occasion for a new beginning.

## Support

*Rainbows* is not counseling or therapy for children. It is strictly a peer support group guided by caring, trained adults. The children and adults are bound by confidentiality. Each meeting is begun with a reminder that the participants may share what they say or do in the meeting with others outside of the group, but they may not share what their peers say or do.